



One Month, Two Families of 4 Comparison: The True Cost of Recreation & Community

Activity / Service	The Orchards Family Time	The Orchards Family Cost	The Urban Family Time	The Urban Family Cost
KIDS' ACTIVITIES (2 CHILDREN, AGES 6 & 9)				
Learn to Skate (weekly)	Sunday 10:00 AM on community rinks	FREE (included in RA)	Drive to city arena (25 min drive x2)	\$90/month per child = \$180
Art / Creative Class	Tuesday 6:00 PM Creative Roots Youth Art	\$135 for 5 weeks = ~\$100/month	Drive to private art studio (30 min drive x2)	\$150/month
Community Events & Festivals	Winter Festival, PD Day Camp activities	FREE (included in RA)	City-wide events, mall play areas, indoor playgrounds	\$15–25 per visit x 4 visits = \$60
EQUIPMENT & TOOLS				
Specialized Tools (pressure washer, ladder, etc.)	Community Toolshed	FREE (included in RA)	Rent from Home Depot or own	\$60–100/rental OR Purchase + storage: \$400–800



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ADULT FITNESS & WELLNESS				
Fitness Classes	UpBeat Lift, UpBeat Pilates, HIGH Fitness	Drop-in \$15/class x 4 = \$60/month per person x 2 adults	Drop-in fitness classes at gyms or studios	\$20 per drop-in x 4 = \$80/month per person x 2 adults
WORK FROM HOME SUPPORT				
Co-Working Space	Shared Workspace sessions (Mondays & Thursdays)	FREE (included in RA)	Coffee shops OR paid co-working	Coffee shop \$6/day x 8 days OR co-working \$150–250/month
COMMUNITY & SOCIAL CONNECTION				
Professional Networking	Business Networking Group (monthly)	FREE (included in RA)	Downtown networking groups with membership fees	\$40–60/month membership
Farmers' Market (seasonal)	Weekly Saturday morning in community	Time saved: No driving, no parking	Drive to Old Strathcona or St. Albert farmers' market	Time cost: 1.5 hours weekly + gas
TOTAL MONTHLY COST				
		\$220 PLUS \$36 monthly RA fee = \$256/month total	\$1,035 PLUS 20 hours spent driving	

**The Orchards family saves \$779/month and 19 hours spent driving.
That's \$9,348 annually plus 228 hours back with family.**

